

# Blood Oranges

Although the exact origin of Blood Oranges is unknown, many believe that this unique variety originates from the beautiful countryside of Sicily. A medium-sized orange, Blood Oranges are just as attractive as they are tasty, and are quickly gaining popularity everywhere!

Known for their bright, red flesh; and sweet, tart taste, Blood Oranges get their beautiful color from anthocyanins, a naturally occurring pigment found in berries and other fruits. A powerful antioxidant, anthocyanins are known to aid one's skin and can help promote healthy cholesterol levels.



## **Pack Styles:**

2# & 3# Bags  
20# Bulk  
Standard Carton

## **Seasonality:**

January - June

### **Nutritional Benefits:**

- Great source of vitamin C
- Excellent source of anthocyanins, a naturally-occurring pigment that also acts as a powerful antioxidant

### **Characteristics:**

- Blushed rind
- Deep red, magenta color
- Sweet, with berry-like overtones

### **Foodservice**

- Excellent garnish and/or ingredient for cocktails
- Excellent for baked goods
- Great addition to seasonal salads

### **Seasonal Opportunities**

- Winter: Great for Valentine's Day promotions
- Spring: Excellent for spring cuisine such as salads, Easter recipes, and more

